


Cafeteria Menu for South Texas ISD

Menu subject to change without notice

MAY 2009

REGULAR LINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONGRATULATIONS CLASS OF 2009				
				
4	5	6	7	8
Turkey w/Noodles or Corn Dog Creamy Potatoes Seasoned Green Beans Oven Rolls Fruit Milk Choice	Beef Chalupas w/Cheese or Chicken Quesadillas Refried Beans Spanish Rice Crispy Salad Fruit Milk Choice	Chicken Parmesan or Meat Balls Steamed Broccoli w/Cheese Garden Salad Bread Sticks Fruit Milk Choice	Beef/Cheese Enchiladas or Chicken Quesadillas Charro Beans Spanish Rice Crispy Salad Fruit Milk Choice	Stir Fry Chicken or Fish Patty Steamed White Rice Seasoned Corn Oven Rolls Fruit Milk Choice
11	12	13	14	15
Oven Fried Chicken or Beef Fingers Creamy Potatoes Seasoned Green Peas Oven Rolls Fruit Milk Choice	Picadillo con Papas or Chicken Quesadillas Charro Beans Spanish Rice Crackers & Jalapenos Fruit Milk Choice	Lasagna or Seasoned Green Beans Garden Salad Bread Sticks Fruit Milk Choice	Guisado de Pollo or Chicken Quesadillas Charro Beans Spanish Rice Crispy Salad Fruit Milk Choice	Nacho w/Beef & Cheese or Fish Patty Seasoned Corn Crispy Salad Oven Rolls Fruit Milk Choice
18	19	20	21	22
Salisbury Steak or Chicken Tenders Creamy Potatoes Seasoned Green Beans Oven Rolls Fruit Milk Choice	Crispy Beef Tacos or Chicken Quesadillas Charro Beans Spanish Rice Crispy Salad Fruit Milk Choice	Chicken Alfredo w/Fettuccini Italian Vegetables Garden Salad Bread Sticks Fruit Milk Choice	Beef/Cheese Enchiladas or Chicken Quesadillas Spanish Rice Charro Beans Salad Fruit Milk Choice	Chicken Cilantro or Fried Chicken Steamed White Rice Seasoned Corn Crispy Salad & Dinner Roll Fruit Milk Choice
25	26	27	28	29
Chicken Fried Steak or Chicken Nuggets Creamy Potatoes Seasoned Green Beans Oven Rolls Fruit Milk Choice	Chicken Fajitas or Chicken Quesadillas Charro Beans Spanish Rice Crispy Salad Flour Tortillas Fruit & Milk Choice	Spaghetti w/Meat Sauce or Cheese Stix Italian Vegetables Garden Salad Bread Sticks Fruit Milk Choice	Carne Guisada or Chicken Quesadillas Charro Beans Spanish Rice Flour Tortillas Fruit Milk Choice	Oven Fried Chicken or Frito Pie Seasoned Corn Crispy Salad Bread Slice Fruit Milk Choice

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Cafeteria Menu for Med High & Science Academy

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MAY 2009

PIZZA AND MORE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza or BBQ Sandwich or Vegetarian Egg Roll or Pepperoni Calzone Pocket Creamy Potatoes Garden Salad Fruit Milk Choice	Pepperoni Pizza or Cheeseburger or Bean/Cheese Burrito Chips Side Salad Garden Salad w/Ham Fruit Milk Choice	Pepperoni Pizza or Hamburger or Cheese Stix or Pasta w/Marinara Sauce Garden Salad Fruit Milk Choice or Chicken Garden Salad	Pepperoni Pizza or Spicy Chicken Sandwich or Vegetarian Cheese Quesadilla or Romaine Salad w/Turkey Tater Tots Side Salad Fruit Milk Choice	Pepperoni Pizza or Grilled Cheese on Texas Toast or Breaded Chicken Sandwich Side Salad Seasoned Corn Fruit Milk Choice

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BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONGRATULATIONS CLASS OF 2009				
4	5	6	7	8
Chicken Tamales or Honey Bun Orange Juice Milk Choice	Biscuit with Jelly or Chocolate Muffin with Ham Slice Orange Juice Milk Choice	Ham/Egg Taco or French Toast or Cereal with Toast Orange Juice Milk Choice	Biscuit with Jelly or Morning Sausage Orange Juice Milk Choice	Barbacoa Taco or Sausage Breakfast Pizza Orange Juice Milk Choice
11	12	13	14	15
Morning Sausage or Banana Mini Loaf Orange Juice Milk Choice	Biscuit with Jelly or Honey Bun Orange Juice Milk Choice	Chorizo/Egg Taco or Pancakes or Cereal with Toast Orange Juice Milk Choice	Ham/Cheese Toast or Biscuit w/Jelly Orange Juice Milk Choice	Sausage Egg Taco or Chocolate Muffin with Ham Slice Orange Juice Milk Choice
18	19	20	21	22
Sausage Breakfast Pizza or Donut Orange Juice Milk Choice	Biscuit with Jelly or Banana Mini Loaf with Ham Slice Orange Juice Milk Choice	Bacon/Egg Taco or French Toast or Cereal with Toast Orange Juice Milk Choice	Biscuit with Jelly or Chocolate Muffin with Ham Slice Orange Juice Milk Choice	Migas/Egg/Cheese with Refried Beans and Bread Slice or Cinnamon Roll Orange Juice Milk Choice
25	26	27	28	29
Chicken Tamales or Honey Bun Orange Juice Milk Choice	Biscuit with Jelly or Chocolate Muffin with Ham Slice Orange Juice Milk Choice	Ham/Egg Taco or French Toast or Cereal with Toast Orange Juice Milk Choice	Biscuit with Jelly or Morning Sausage Orange Juice Milk Choice	Barbacoa Taco or Sausage Breakfast Pizza Orange Juice Milk Choice



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